SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Health and Healing IV

CODE NO.: BSCN 3005 SEMESTER: 5

PROGRAM: Collaborative BScN Program

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DATE: Sept 2015 PREVIOUS OUTLINE DATED: Sept 2014

APPROVED: "Marilyn King" Aug. 2015

CHAIR, HEALTH PROGRAMS DATE

TOTAL CREDITS: 6

PREREQUISITE(S): CHMI 2220, NURS 2144, NURS 2057, NURS 2107

HOURS/WEEK: 3

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I. COURSE DESCRIPTION:

This course focuses on concepts, principles, frameworks and standards of practice relevant to the community health nursing context in Canada. Opportunities are provided to engage in community health assessment and program planning with emphasis on health promotion. Learners are required to integrate new and prior learning.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Ends In View:

Upon successful completion of this course, the student will demonstrate the ability to:

- 1. describe basic principles, concepts, theoretical frameworks informing community health nursing;
- 2. delineate the diversity of roles and functions of community health nurses.
- Interpret key epidemiological concepts and common epidemiological measurements;
- conduct a community health assessment on an assigned community to identify community health needs for an aggregate; planning appropriate health promotion activities to address priority community health needs;
- 5. describe the health program planning process and its application to nursing in the community;
- 6. summarize models, theories and frameworks of health promotion and community change;
- demonstrate knowledge of strategies for prevention, health protection and health promotion when working with individuals, families, groups, aggregates and communities;
- 8. demonstrate knowledge of environmental health, international health and global health issues as they apply to community health nursing;
- 9. demonstrate knowledge and strategies required to work as a team member;
- 10. prepare a health promotion grant application to address a health need of an aggregate based on the conducted community health assessment.

Process:

Active co-operative learning is the philosophical approach in this course. Participants will develop a sense of community health nursing practice and develop social and political awareness in a variety of community contexts by engaging in a variety of learning experiences such as: discussion, debate, case study analysis, health communication development, class presentation, community health assessment, health promotion grant proposal preparation, and critical reflection.

III. TOPICS:

The course content is organized around learning activities that reflect the following topics:

- 1. Key concepts of community health nursing
- 2. Historical evolution of community health nursing in Canada
- 3. Canadian Community Health Nursing Standards of Practice
- 4. Primary health care
- 5. Determinants of health
- 6. Settings, roles and functions of community health nurses
- 7. Ethics in community health nursing practice
- 8. Epidemiological applications
- 9. Community health nursing process
- 10. Program planning, monitoring and evaluation
- 11. Models/frameworks of health promotion and theories of community change
- 12. Social marketing, advocacy and community development
- 13. Tools for community health nursing practice
- 14. Sustaining healthy communities
- 15. Environmental health
- 16. International/global health
- 17. Communicable and infectious diseases
- 18. Team/group process

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

- Community Health Nurses of Canada. (2011). Canadian community health nursing: Professional practice model and standards of practice. Retrieved from: https://www.chnc.ca/documents/CHNC-ProfessionalPracticeModel-EN/index.html (link is for a "read-only" copy, hard copies are available in bookstore for purchase)
- 2. Stamler, L. & Yiu, L. (2012). Community health nursing: A Canadian perspective (3rd ed.). Toronto, ON: Pearson.
- 3. Vollman, A., Anderson, E., & McFarlane, J. (2012). Canadian community as Partner: Theory and multidisciplinary practice (3rd ed.). Philadelphia, PA: Lippincott.

Selected Websites:

Students are encouraged to explore the following websites and others to assist in completion of course activities and assignments. Additional links are often embedded within the links and may provide helpful information.

Site	Web Address
Algoma Public Health: Sault Ste. Marie and	http://www.algomapublichealth.com
area's Board of Public Health that provides	
many useful local resources.	http://www.acadaa
Canadian Council on Social Development:	http://www.ccsd.ca
Canadian and provincial information on	
poverty, welfare and income.	
CIHI Health Indicator Report 2012: Search	https://secure.cihi.ca/free_products/healt
health information by subject and place	h indicators 2012 en.pdf
Community Health Assessment	http://www.gov.mb.ca/health/rha/docs/ch
Guidelines, 2009: A guide from Manitoba	ag.pdf
that provides a process for community health	
assessment.	
Eat Right Ontario: Dieticians provide	http://www.eatrightontario.ca/en/Default.
information on menu planning, food and	aspx
nutrition, and healthy eating.	
Effective Public Health Practice Project:	http://www.ephpp.ca/aboutus.html
Evidence-informed decision-making resource	
(systematic reviews on the effectiveness of	
public health interventions).	
Enhancing Program Performance with	http://www.uwex.edu/ces/lmcourse/
Logic Models: Online course for planning	
and evaluating education/outreach programs.	
Health Canada: Federal department	http://www.hc-sc.gc.ca/index_e.html
responsible for helping Canadians maintain	
and improve their health.	
Health Nexus (formerly - Ontario	http://en.healthnexus.ca/
Prevention Clearinghouse): Health-	
promotion related print and electronic	
resources, educational events and	
workshops.	
Michigan Health Tools: Includes online	http://www.mihealthtools.org/
assessments and websites to help promote	
health in communities (e.g., work, school,	
places of worship).	
National Collaboration Centre for	http://nccdh.ca/resources/entry/integratin
Determinants of Health	g-social-determinants-of-health-and-
Doto:::::::aitto or rioaitti	health-equity-into-canadian-h
Ontario Health Promotion Resource	http://www.ohprs.ca/hp101/about_course
System (OHPRS): Online course	_faq.htm
Ontario Healthy Communities Coalition:	http://www.greatersudbury.ca/cms/index.
Focuses on working with Ontario communities	cfm?app=div_earthcare&currID=7078&la
to strengthen their social, environmental, and	
	<u>ng=en</u>
economic well-being.	

Site	Web Address
Public Health Agency of Canada (PHAC):	http://www.phac-aspc.gc.ca/index-
Resources pertaining to all age groups (e.g.,	eng.php
health and safety related topics).	
Sudbury & District Health Unit (SDHU):	http://www.sdhu.com/content/healthy_liv
Resources for community health care	ing/doc.asp?folder=3225&parent=3225&l
providers to assist health care providers in	ang=0&doc=11749
understanding and applying the SDOH.	
The Community Tool Box: Free information	http://ctb.ku.edu/en/tablecontents/
on crucial skills for building healthy	
communities.	
Tobacco Free RNAO: Factsheets, health	http://tobaccofreernao.ca/
education guides, policy action kits, and other	
resources pertaining to smoking cessation.	
World Health Organization (WHO): United	http://www.who.int
Nations world health authority providing	
leadership on global health matters.	
Journals to explore:	
 Health and Social Care in the Community 	 Journal of Community Health Nursing
Journal of Community Health	Canadian Journal of Public Health

V. EVALUATION PROCESS/GRADING SYSTEM:

Assignments have been selected to complement the course content and the community clinical practice component in NURS3084 & NURS3094.

Credit for this course requires completion and submission of \underline{all} of the following evaluation components and are to be turned in (electronic copy) at the start of class.

Date Due	Value	Evaluation Component
November 6, 2015	15%	Test 1
November 13, 2015	10%	Team Assignment I: Part A
December 4, 2015	5%	Team Assignment I: Part B
February 5, 2016	15%	Test 2
March 18, 2016	15%	Team Assignment II: Part A
April 1, 2016	5%	Team Assignment II: Part B
TBA	35%	Final Exam

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The following semester grades will be assigned to students:

		Grade Point
<u>Grade</u>	<u>Definition</u>	<u>Equivalent</u>
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
С	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
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CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical	
C	placement or non-graded subject area.	
U	Unsatisfactory achievement in	
	field/clinical placement or non-graded	
	subject area.	
X	A temporary grade limited to situations	
	with extenuating circumstances giving a	
	student additional time to complete the	
	requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course	
	without academic penalty.	

If a faculty member determines that a student is at risk of not being successful in their academic pursuits and has exhausted all strategies available to faculty, student contact information may be confidentially provided to Student Services in an effort to offer even more assistance with options for success. Any student wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

Punctual and regular attendance is required of all students. If there are extenuating circumstances bearing upon a learner's absence, the instructor should be notified by any means such as in person, voice mail or LMS email (preferred). Absences in excess of 20% of the course time may jeopardize receipt of credit for the course as noted in the Laurentian University Academic Regulations and as documented in the Sault College Bachelor of Science in Nursing Program Handbook. Credits can be forfeited if a student misses over 20% of classes (5 classes throughout the year). If attendance sheets are used for course attendance records, failure to sign the attendance sheet will be considered "absent". Signing in for another student or asking another student to sign in for you will be treated as academic dishonesty.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal and D2L form part of this course outline.